

**Hope in the Mountains
What to Bring To Treatment**

- 10 Bottoms
- 15 Tops
- 7 Pairs of Panties
- 7 Pairs of Socks
- 3 Bras
- 3 Pairs of Shoes
- 1 Coat

* 15 tops include, but is not limited to, hoodies, undershirts, sleep shirts, tee shirts. All tops.

* 10 bottoms include, but is not limited to, sleep pants, lounge pants, jeans. All bottoms.

This is the maximum allowable amount. You do not have to bring this many clothing items.

- Photo ID
- Proof of Insurance
- Social Security Card
- EBT Card *If active case
- Toiletries *Excluding perfume and perfumed items *Clear bottles if possible
- Cigarettes if applicable *Loose tobacco must come in an unopen container and not pre-rolled
- Small amount of money for necessity items/Wal-Mart trips
- Stamps and envelopes
- Laundry detergent

PROHIBITED ITEMS: BUT NOT LIMITED TO

- **Spaghetti straps and/or any revealing tops**
- **Shorts & leggings**
- **Any clothing promoting or referencing drugs/alcohol in any way**
- **Eye brow razors of ANY type**
- **Vapes or E-cigs**
- **ABSOLUTELY NO BEDDING, BLANKETS, OR PILLOWS**